

Influenza Disease

What is influenza disease?

- Influenza (flu) is a contagious respiratory illness caused by a virus.
- The virus infects the nose, throat, and lungs.
- It can cause mild to severe illness, hospitalization, and even death.

What are the symptoms?

- Anyone can get flu and it strikes suddenly and can last several days.
- Symptoms of flu disease may include:
 - Fever or feeling feverish/chills
 - Cough
 - Sore throat
 - Runny or stuffy nose
 - Muscle or body aches
 - Headaches
 - Fatigue (very tired)
 - Vomiting and diarrhea

How does influenza disease spread?

- Flu is spread by:
 - An infected person's droplets from cough, sneeze or talk enter the mouth, eye or nose.
 - Touching a surface or object with flu virus on it and then touching mouth, eyes or nose.
- An infected person can infect others 1 day before symptoms start and up to 5 to 7 days after symptoms start.
- Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

How do I prevent the flu?

- Get a yearly flu vaccine.
- Wash your hands properly and often.
- Cover your cough and sneeze with arm.
- Clean and sterilize surfaces.
- Stay home if you are sick.

Where can I find more information?

- Ask your doctor.
- Call the Alabama Department of Public Health, Immunization Division, at 1-800-469-4599.
- Go to cdc.gov and type influenza in the SEARCH box.



Alabama Department of Public Health

Immunization Division, 201 Monroe St, Montgomery, AL 36104

1-800-469-4599 www.adph.org/imm 2/29/16

Influenza Vaccine

Who should get the influenza (flu) vaccine?

- The flu vaccine is recommended every year for everyone age 6 months or older.

Who should be vaccinated against influenza because they are at increased risk?

- Children 6 months of age through 5 years
- Adults 65 years of age or older
- Pregnant women
- Residents of nursing homes and other long-term care facilities
- People who have medical conditions including the following:
 - Asthma
 - Chronic lung disease
 - Heart disease
 - Blood disorders (such as sickle cell disease)
 - Kidney disorders
 - Liver disorders
 - Weakened immune systems due to disease or medication (such as HIV/AIDS or cancer)
 - People younger than 19 years of age who are receiving long-term aspirin therapy
 - People with extreme obesity

What are the common vaccine side effects and risks?

- Flu vaccines are safe, but some side effects can occur.
- Minor problems following the flu vaccine include soreness, redness, and/or swelling from the shot, hoarseness, sore, red or itchy eyes, cough, fever, aches, headache, itching, and fatigue.
- More serious problems may include Guillain-Barré syndrome (GBS) in fewer than 1 or 2 cases per one million people vaccinated, children receiving multiple vaccines slightly increase in fever with seizure.
- People who should not get the flu vaccine include anyone with severe, life threatening allergies, had GBS before, or not feeling well the day of vaccination.

Where can I find more information?

- Ask your doctor.
- Ask your school nurse.
- Call the Alabama Department of Public Health, Immunization Division, at 1-800-469-4599.
- Go to cdc.gov and type influenza in the SEARCH box.



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ACT #2017-368

1 HB381
2 182321-6
3 By Representative Daniels
4 RFD: Education Policy
5 First Read: 09-MAR-17



1
2 ENROLLED, An Act,

3 Relating to influenza vaccines; to add Section
4 16-1-49 to the Code of Alabama 1975, to require local school
5 systems to provide information on influenza disease and its
6 vaccine to parents and guardians of students whenever other
7 health information is provided.

8 BE IT ENACTED BY THE LEGISLATURE OF ALABAMA:

9 Section 1. Section 16-1-49 is added to the Code of
10 Alabama 1975, to read as follows:

11 §16-1-49.

12 (a) If a local board of education provides
13 information on immunizations, infectious diseases,
14 medications, or other school health issues to parents and
15 guardians of students in grades K through 12, then all of the
16 following information about influenza disease and its vaccine
17 shall be included:

18 (1) A description of causes, symptoms, and means of
19 transmission.

20 (2) A list of sources for additional information.

21 (3) Related recommendations issued by the Advisory
22 Committee on Immunization Practices of the federal Centers for
23 Disease Control and Prevention.

24 (b) The Department of Education, in cooperation with
25 the Department of Public Health, shall develop and make

1 available the information about influenza disease and its
2 vaccine to local school systems as required under subsection
3 (a) in an efficient manner that may include posting the
4 information on its website.

5 ~~(c) A board, board member, or an employee of a local~~
6 ~~board of education shall be immune from civil liability for~~
7 ~~acts or omissions in the implementation of this section in~~
8 ~~accordance with Section 36-1-12.~~

9 (c) A board, board member, or an employee of a local
10 board of education shall be immune from civil liability for
11 acts or omissions in the implementation of this section in
12 accordance with Section 36-1-12.

13 (d) Nothing in this section shall be construed to
14 establish a standard of care for hospitals or physicians or
15 otherwise modify, amend, or supersede any provision of the
16 Alabama Medical Liability Act of 1987 or the Alabama Medical
17 Liability Act of 1996, or any amendment thereto, or any
18 judicial interpretation thereof. The information developed, or
19 made available, under this section shall not constitute a
20 standard for the practice of medicine.

21 Section 2. This act shall become effective on the
22 first day of the third month following its passage and
23 approval by the Governor, or its otherwise becoming law.

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Mac McClatchey

Speaker of the House of Representatives

Del Murrain

President and Presiding Officer of the Senate

House of Representatives

I hereby certify that the within Act originated in
and was passed by the House 18-APR-17, as amended.

Jeff Woodard
Clerk

Senate

17-MAY-17

Passed

APPROVED

5-24-2017

TIME

3:15 PM

Kay Ivey
GOVERNOR

Alabama Secretary Of State

Act Num.....: 2017-368
Bill Num....: H-381

Recv'd 05/25/17 09:28amSLF

HOUSE ACTION

I HEREBY CERTIFY THAT THE RESOLUTION AS REQUIRED IN SECTION C OF ACT NO. 81-889 WAS ADOPTED AND IS ATTACHED TO THE BILL, H.B. 381
YEAS 91 NAYS 4
JEFF WOODARD, Clerk

I HEREBY CERTIFY THAT THE NOTICE & PROOF IS ATTACHED TO THE BILL, H.B. _____ AS REQUIRED IN THE GENERAL ACTS OF ALABAMA, 1975 ACT NO. 919.
JEFF WOODARD, Clerk

CONFERENCE COMMITTEE
House Conferees _____

SENATE ACTION

DATE: 4-20 2017
RD 1 RFD Heal/H

This Bill was referred to the Standing Committee of the Senate on HEALTH and was acted upon by such Committee in session and is by order of the Committee returned therefrom with a favorable report w/amend(s) _____ w/sub _____ by a vote of years 7 nays 2 abstain 0
this 26 day of April 2017
Heal/H, Chairperson

DATE: 4-27 2017
RF PAV RD 2 CAL

DATE: _____ 20__
RE-REFERRED RE-COMMITTED
Committee _____

I hereby certify that the Resolution as required in Section C of Act No. 81-889 was adopted and is attached to the Bill, HB 381
YEAS 26 NAYS 0
PATRICK HARRIS,
Secretary

Heal/H